

Hi Belisa,

Thank you so much for Breathing for Warriors and the toolset.

You have changed my life! My anxiety is mostly gone, and I'm sleeping longer and better because of you.

Plus, the radiation simulation went really well last week. Dr. Mitchell says my heart is 100% out of the way.

I'm looking forward to meeting you this month and would love to take you to breakfast, lunch, or dinner while you're in town.

Happy New Year!

Donna